

## FIRST AID 5 - OPEN WOUNDS

- **Abrasions** (grazes), superficial wounds in which the topmost layer of the skin (the epidermis) is scraped off.
- **Lacerations** are jagged, irregular, or blunt breaks or tears in the soft tissues.
- **Avulsion** is forcible separation or tearing of tissue from the victim's body.
- **Incised** wounds, or cuts in-body tissues are commonly caused by knives, metal edges, broken glass, or other sharp objects commonly cause incised wounds, or cuts, in-body tissues.
- **Puncture** wounds are caused by a sharp object that penetrates the skin.

### Treatment:

The major principles of open-wound treatment are to:

- Control bleeding.
  - Direct pressure
  - Elevation
- Prevent further contamination of the wound (wound dressing & bandaging)
- Immobilize the injured part.
- Stabilize any impaled object.

